

Angel Food Menus – Week 2 Of February Shopping List

By www.HillbillyHousewife.com

These menus are based on the food provided by Angel Food Ministries in their monthly boxes. For more information on ordering these food boxes visit <http://www.angelfoodministries.com/>

[Fresh Produce] Fruits and Vegetables

fresh parsley – 1 tablespoon
garlic cloves – 6
onions – 2 + 1/2 cup

[Beverages]

unsweetened apple juice – 3/4 cup

[General Grocery] Cooking and Baking

Italian seasoning – 2 teaspoons
sesame seeds – 2 teaspoons
sugar – 2 tablespoons
ginger – 1 teaspoon
garlic powder – 1/4 teaspoon
pepper – 1 1/8 teaspoons + 1/2 teaspoon
flour – 1 1/2 cups
salt – 3 teaspoons
vegetable oil – 1 tablespoon + 2
teaspoons
thyme – 1/2 teaspoon

[General Grocery] Condiments and Sauces

barbecue sauce – 1/2 cup + 1/3 cup
soy sauce – 2 tablespoons

[General Grocery] Dry Food and Mixes

uncooked long grain rice – 1 cup

[General Grocery] Canned and Bottled

vinegar – 1 tablespoon
spaghetti sauce – 1 jar (28 ounces)
cream of chicken soup – 1 can
chicken broth – 1 can (14 1/2 ounces)

[Dairy]

butter or margarine – 1/4 cup
refrigerated crescent rolls – 1 package (8 ounces)
eggs – 7
Parmesan cheese – 2 teaspoons
milk – 1 cup
ricotta cheese – 1 1/2 pounds
Romano cheese – 1/2 cup
sour cream – 1 cup
shredded cheddar cheese – 1 cup
shredded mozzarella cheese – 1 1/2 cups

[Frozen]

lasagna with meat sauce – 1 package
frozen shredded hash brown potatoes – 1 package
frozen green peas – 1 package (10 ounces)
prepared pizza shell – 1 (12 inches)

[Meat and Poultry]

chicken drumsticks – 8
ground beef – 1 pound
boneless pork loin roast – 1 (about 3 pounds)
boneless pork chops – 8
boneless skinless chicken breast halves – 8 ounces

[Miscellaneous]

saltine crackers – 3/4 cup