

Angel Food Menus – Week 3 Of November Shopping List

By www.HillbillyHousewife.com

These menus are based on the food provided by Angel Food Ministries in their monthly boxes. For more information on ordering these food boxes visit <http://www.angelfoodministries.com/>

[Fresh Produce] Fruits and Vegetables

onions – 4 + 1 cup
fresh dill – 1 tablespoon
celery – 1 cup
green bell peppers – 1/2 cup
avocado – 1

[General Grocery] Beverages

bourbon whiskey – 3 tablespoons (may substitute with 3 tablespoons pineapple juice)

[General Grocery] Cooking and Baking

salt – 3/4 teaspoon + 1 1/4 teaspoons
seasoned salt + 1 teaspoon garlic salt
pepper – dash + 1/4 teaspoon
vegetable oil – 2 tablespoons
dried minced onion – 1 tablespoon
chili powder – 1 to 2 teaspoons
brown sugar – 1/2 cup
dried oregano leaves – 1 teaspoon
dried basil leaves – 1/2 teaspoon
garlic or onion powder – 1/4 teaspoon

[General Grocery] Condiments and Sauces

chili sauce – 2 to 3 tablespoons + 1/2 cup

[General Grocery] Dry Foods and Mixes

yellow cornmeal – 1/2 cup
chicken fried rice skillet meal – 1 package
original Bisquick® - 4 cups

[General Grocery] Canned and Bottled

pineapple slices – 1 can (8 ounces) + 1 can

(15 ounces) pineapple tidbits
whole tomatoes – 1 can (14 1/2 ounces)
whole kernel corn – 1 can (8 ounces)
pitted olives – 1 can (3 1/4 ounces) + 1/2 cup sliced ripe olives
pork & beans – 2 cans (16 ounces each)
original-style sloppy Joe sauce – 1 can (15 ounces)
tomato sauce – 1 can (8 ounces)

[Dairy]

eggs – 5
milk – 2 1/2 cups
shredded cheddar cheese – 1 1/2 cups
margarine or butter – 2 tablespoons
processed American cheese – 4 slices
shredded Monterey Jack-Colby cheese – 1 1/2 cups

[Meat and Poultry]

pork chops – 4 (1/2 inch thick)
ground beef – 2 pounds (1 pound may be substituted with ground turkey)
bacon – 6 slices
hot dogs – 1 pound
chicken – 2 cups

[Frozen]

shredded hash brown potatoes – 1 package (12 ounces)
breaded fish sticks – 1 package (12 ounces)

[Miscellaneous]

instant coffee – 1 tablespoon