

# Angel Food Menus – Week 3 Of June Shopping List

By [www.HillbillyHousewife.com](http://www.HillbillyHousewife.com)

These menus are based on the food provided by Angel Food Ministries in their monthly boxes. For more information on ordering these food boxes visit <http://www.angelfoodministries.com/>

## **[Fresh Produce] Fruits and Vegetables**

celery – 2 cups  
green onions – 1 1/2 cups  
mushrooms – 1/4 pound  
onions – 3  
red bell pepper (or green) – 1  
tomatoes – 1  
head lettuce – 1/2  
garlic cloves – 2

## **[General Grocery] Bakery/Bread**

soft bread crumbs – 1/2 cup  
hamburger rolls

## **[Beverages]**

sherry or vermouth – 1/4 cup

## **[General Grocery] Cooking and Baking**

sage – 2 teaspoons  
pepper – 1/4 teaspoon  
flour – 1/4 cup + 4 tablespoons  
paprika – 3/8 teaspoon  
chicken bouillon – 1 1/4 teaspoons  
salt – 3/4 teaspoon  
nutmeg – 1/4 teaspoon  
chili powder – 2 tablespoons  
sugar – 2 tablespoons  
ginger – 1/2 teaspoon  
vegetable oil – 2 tablespoons

## **[General Grocery] Condiments and Sauces**

ketchup – 1 cup + 1 tablespoon  
soy sauce – 1/4 cup

## **[General Grocery] Dry Foods and Mixes**

corn bread & muffin mix – 1 package (15 ounces)  
thin spaghetti – 1 package (8 ounces)  
corkscrew pasta – 8 ounces

taco seasoning mix – 1 envelope  
rice

## **[General Grocery] Canned and Bottled**

shoestring potatoes – 1 can (4 ounces)  
cream of mushroom soup – 1 can (10 3/4 ounces)  
tuna – 1 can (7 ounces)  
evaporated milk – 1 can (6 ounces)  
sliced mushrooms – 1 can (4 1/2 ounces)  
vinegar – 1/4 cup + 1 tablespoon  
unsweetened pineapple chunks – 1 can (8 ounces)

## **[Dairy]**

butter or margarine – 9 tablespoons + 1/4 cup  
milk – 4 cups  
eggs – 2  
shredded sharp cheddar cheese – 2 cups  
Muenster cheese – 2 cups  
Parmesan cheese – 2 tablespoons + 1/2 cup  
whipped cream – 1/3 cup  
Velveeta cheese – 1 pound  
half and half – 1 cup  
gorgonzola cheese – 4 ounces

## **[Meat and Poultry]**

hot dogs – 1 1/2 pounds  
chicken – 2 cups  
pork shoulder roast – 1 (about 5 pounds)  
ground beef – 2 pounds  
boneless skinless chicken breast halves – 1 pound

## **[Frozen]**

stir fry vegetables – 1 package (16 ounces)

## **[Snacks]**

tortilla chips or nacho cheese Doritos – 1/2 16-ounce bag