

Angel Food Menus – Week 2 Of June Shopping List

By www.HillbillyHousewife.com

These menus are based on the food provided by Angel Food Ministries in their monthly boxes. For more information on ordering these food boxes visit <http://www.angelfoodministries.com/>

[Fresh Produce] Fruits and Vegetables

onions – 2 + 1/2 cup
green bell pepper – 1
garlic cloves – 5 + 1 tbsp minced
apples – 4
ginger root – 1 teaspoon grated
fresh mushrooms – 1 pound
parsley – 2 tablespoons

[General Grocery] Bakery/Bread

dry Italian bread crumbs – 1 cup

[General Grocery] Beverages

dry sherry – 1/4 cup (may substitute with orange juice)
white wine – 2 tablespoons
lemon juice – 6 tablespoons
pineapple juice – 1/4 cup

[General Grocery] Cooking and Baking

vegetable oil – 3 tablespoons
chili powder – 2 tablespoons
salt – 3 1/2 teaspoons
cumin – 2 1/2 teaspoons
oregano – 1 teaspoon
freshly ground black pepper – 1/4 teaspoon
cinnamon – 1/2 teaspoon
brown sugar – 1 1/4 cups + 1 tablespoon
regular sugar
pepper – 1/2 teaspoon
dried basil – optional
Thyme – 1/2 teaspoon
mustard prepared – 2 1/2 tablespoons

[General Grocery] Condiments and Sauces

chili sauce – 1/3 cup
soy sauce – 1/4 cup + 3 tablespoons

[General Grocery] Canned and Bottled

whole tomatoes – 3 cans (2 - 16 ounce cans + 1 - 14 1/2 ounce can)
mild green chilies – 1 can (4 ounces)
kidney beans or pinto beans – 1 can (16 ounces)
meatless spaghetti sauce
cider vinegar – 1/4 cup
pineapple slices – 3
red maraschino cherries – 3

[Dairy]

butter – 8 tablespoons + 1/2 cup
refrigerated pizza crust – 2 packages (10 ounces each)
ricotta cheese – 1 cup
pepperoni – 4 to 6 ounces
shredded mozzarella cheese – 2 cups
shredded Parmesan cheese – optional
eggs – 2

[Meat and Poultry]

beef chuck pot roast – 2 pounds
ground pork – 1/2 to 1 pound
pork chops – 6
boneless, skinless chicken breast halves – 4
ribeye steaks – 4 (8 ounces each)
ham – 2 cups
broiler-fryer chicken – 1 (about 3 pounds)
ground beef – 2 pounds

[Snacks]

crackers – 20