

# Angel Food Menus – Week 2 Of May Shopping List

By [www.HillbillyHousewife.com](http://www.HillbillyHousewife.com)

These menus are based on the food provided by Angel Food Ministries in their monthly boxes. For more information on ordering these food boxes visit <http://www.angelfoodministries.com/>

## **[Fresh Produce] Fruits and Vegetables**

tarragon leaves – 1 teaspoon  
garlic cloves – 2  
green bell pepper – 1 1/2 + extra if desired  
red bell pepper – 1  
yellow bell pepper – 1  
fresh cilantro – 1 tablespoon  
jalapeno chilies – 4  
fresh chives – 2 tablespoons  
baking potatoes – 4  
onion – optional

## **[General Grocery] Bakery/Bread**

flour tortillas – 4 (10 inches in diameter)

## **[General Grocery] Beverages**

orange juice – 1 tablespoon  
white wine – 1/2 teaspoon

## **[General Grocery] Cooking and Baking**

onion powder – dash  
vegetable oil – 2 tablespoons + 2 teaspoons  
chicken bouillon – 3 teaspoons  
cornstarch – 2 teaspoons  
dried minced onion – 1 tablespoon  
chili powder – 1 to 2 teaspoons  
oregano – 1 teaspoon  
garlic salt – 1 teaspoon

## **[General Grocery] Condiments and Sauces**

honey – 1/4 cup  
Dijon style mustard – 2 tablespoons  
Worcestershire sauce

## **[General Grocery] Dry Foods and Mixes**

white rice – 1 cup  
macaroni and cheese – 1 package (7 1/2 ounces)  
corn bread and muffin mix – 1 package (15 ounces)

taco seasoning mix – 1 packet  
bacon bits – optional

## **[General Grocery] Canned and Bottled**

cider vinegar – 1 teaspoon  
tomato sauce – 1 can (8 ounces)  
green chilies – 1 can (4 ounces)  
olives – 1 can (4 ounces) + extra if desired  
sloppy Joe sauce – 2 cups

## **[Dairy]**

eggs – 2  
shredded mozzarella cheese – 1 cup  
shredded cheddar cheese – 2 cups  
Parmesan cheese – 3 tablespoons  
sour cream – 1/4 cup + extra if desired  
butter or margarine – 1 tablespoon  
milk – 1 cup  
cream cheese – 1 package (3 ounces)

## **[Meat and Poultry]**

boneless pork loin chops – 4, 1 inch thick (about 1 pound)  
chicken breasts – 4  
deli turkey – 1/2 pound  
shredded Mexican multi-cheese – 1 cup  
boneless skinless chicken breast halves – 1 pound

## **[Frozen]**

lemonade concentrate – 1 can (6 ounces)  
Salisbury steak entrée – 1 package (28 ounces)  
frozen pasta, broccoli & carrots in creamy  
cheddar sauce – 1 bag (1 pound)