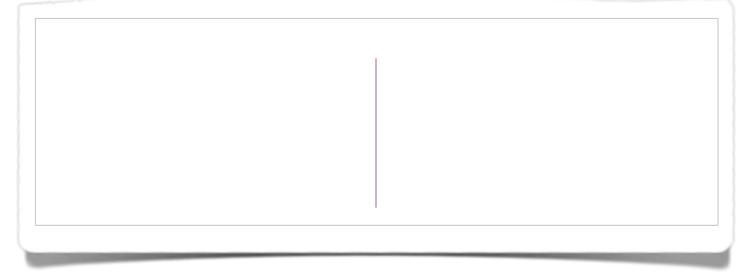
NEW YEARS RESOLUTION WORKSHEET

What Is My Resolution?

Why Am I Doing This?



What Are My Weekly Micro-Goals?

What Are My Monthly Mini-Goals?

New Years Resolution Self-Reflection Questions:

- What are my financial milestones?
- What new knowledge or skills will I develop?
- What are my career aspirations?
- What material possessions do I desire?
- What risks will I take to expand my comfort zone?
- Am I pursuing additional education certifications?
- How will I become physically & emotionally healthier?
- What places would I like to visit?

(c) www.HillbillyHousewife.com - You're welcome to share this worksheet.