

# Angel Food Menus – Week 2 Of May Shopping List

By [www.HillbillyHousewife.com](http://www.HillbillyHousewife.com)

These menus are based on the food provided by Angel Food Ministries in their monthly boxes. For more information on ordering these food boxes visit <http://www.angelfoodministries.com/>

## **[Fresh Produce] Fruits and Vegetables**

green beans – 1 pound  
onions – 2  
garlic cloves – 4  
mushrooms – 12 ounces

## **[General Grocery] Cooking and Baking**

salt – 1 teaspoon + 1/2 teaspoon garlic salt  
pepper – 1/8 teaspoon, 1/2 teaspoon + 1/8  
teaspoon red pepper

## **[General Grocery] Condiments and Sauces**

chili sauce – 1/3 cup  
honey – 2 tablespoons  
soy sauce – 1 teaspoon + 1 tablespoon  
red pepper sauce – 1/4 teaspoon  
curry powder – 1 1/2 teaspoons  
garlic powder – 1 1/2 teaspoons  
ginger – 1 teaspoon  
peanut butter – 1/4 cup

## **[General Grocery] Canned and Bottled**

spaghetti sauce – 26 ounces  
chicken broth – 1/4 cup + 2 tablespoons

## **[General Grocery] Dry Foods & Mixes**

bean soup mix – 16 ounces  
corn bread & muffin mix – 8 ounces  
Bisquick® - 2 1/2 cups  
mostaccioli – 3 cups

## **[Frozen]**

cauliflower & carrot blend veggies – 16  
ounces

## **[Dairy]**

mozzarella cheese – 4 ounces + 1 1/2 cups  
Parmesan cheese – 1/3 cup  
margarine or butter – 3 tablespoons  
milk – 1/3 cup + 1/2 cup  
plain yogurt – 1/2 cup

## **[Meat and Poultry]**

Salisbury steak entrée – 28 ounces  
popcorn chicken – 1 pound  
bacon – 6 strips  
turkey – 1 1/2 cups  
ground beef – 1 pound  
boneless skinless chicken breasts – 1 1/4  
pounds  
beef tenderloin steaks – 4

## **[Miscellaneous]**

peanuts – 2 tablespoons