

# Angel Food Menus – Week 1 Of March Shopping List

By [www.HillbillyHousewife.com](http://www.HillbillyHousewife.com)

These menus are based on the food provided by Angel Food Ministries in their monthly boxes. For more information on ordering these food boxes visit

<http://www.angelfoodministries.com/>

## [Fresh Produce] Fruits and Vegetables

onions - 10 1/3 ounces  
celery - 5 ribs  
carrots - 2  
potatoes - 1

## [General Grocery] Beverages

lemon juice - 2 tablespoons  
apple juice - 3/4 cups  
apple cider - 1 cup

## [General Grocery] Cooking and Baking

basil - 1  
salt - 1/2 ounce  
almonds - 6 2/3 ounces  
sugar - 3/4 ounces  
ginger - 0.0634 ounce  
garlic powder - 0.0279 ounce  
oils - 1/2 ounce  
parsley - 0.0686 ounce  
thyme - 1 ounce  
flour - 3/4 ounces  
vegetable oil - 2 tablespoons  
white peppers - 1/4 ounce

## [General Grocery] Condiments and Sauces

Parmesan cheese - 1  
spaghetti sauce - 1  
mayonnaise - 1/2 cup  
pepper - 1/4 ounce  
boneless skinless chicken breast halves - 2 pounds  
rice - 1 pound  
soy sauce - 1 ounce  
pork loin roast - 1

Worcestershire sauce - 1/4 ounce  
American cheese - 4 slices  
fettuccine pasta - 12 ounces  
whipping cream - 8 ounces

## [General Grocery] Canned and Bottled

cream of mushroom soup - 2 cans  
vinegar - 2 tablespoons  
turkeys - 5 cups  
pimiento - 4 ounces

## [Dairy]

butter - 11 ounces  
eggs - 1  
sour cream - 6 ounces  
ricotta cheese - 8 1/3 ounces  
mozzarella cheese - 1 pound  
parmesan cheese - 11 2/3 ounces  
refrigerated pizza crust - 1 pound

## [Meat and Poultry]

beef stew meat - 1 pound  
ham - 6 1/3 ounces  
turkey broth - 1/2 cup  
pepperoni - 4 ounces

## [Frozen]

peas - 5 1/3 ounces

## [Snacks]

crackers - 5 1/4 ounces  
water chestnuts - 8 ounces