

Angel Food Menus – Week 2 Of January Shopping List

By www.HillbillyHousewife.com

These menus are based on the food provided by Angel Food Ministries in their monthly boxes. For more information on ordering these food boxes visit <http://www.angelfoodministries.com/>

[Fresh Produce] Fruits and Vegetables

garlic - 2 tablespoons
green bell peppers - 1
red bell peppers - 1
yellow peppers - 1
onions - 1 pound
celery - 4 1/4 ounces

[General Grocery] Cooking and Baking

vegetable oil - 2 tablespoons
cornstarch - 1/4 ounce
salt - 1
bread crumbs - 3 ounces
dry mustard - 0.0870 ounce
black pepper - 0.0132 ounce
paprika - 0.0529 ounce
parsley - 0.0343 ounce
chili powder - 2/3 ounces

[General Grocery] Dry Foods and Mixes

white rice - 5 1/2 ounces
macaroni - 12 ounces

[General Grocery] Condiments and Sauces

saltine crackers - 2 ounces
pepper - 1
gravy - 12 ounces
Cheddar cheese soup - 10 3/4 ounces
French fries, frozen potatoes - 1 pound
pork shoulder roast - 1

[General Grocery] Canned and Bottled

chicken bouillon - a few cubes
cream of mushroom soup - 10 3/4 ounces (1 can)
tuna - 2 cans
chunk breast of chicken - 3 1/2 ounces
golden mushroom soup - 10 3/4 ounces (1 can)
vinegar - 1/4 cup

[Dairy] Milk

milk - 1 3/4 cup

[Dairy] Butter and Margarine

butter - 12 ounces
margarine - 1 ounce

[Dairy] Eggs and Egg Products

eggs - 2

[Dairy] Cheese

cheddar cheese - 8 ounces
cheddar cheese - 4 slices

[Meat and Poultry]

ground beef - 2 pounds

[Bakery] Bread

white bread - 12 pounds

[Frozen] Fruits and Vegetables & Juices

frozen green peas - 8 ounces
frozen lemonade concentrate - 3/4 cups