

Angel Food Menus – Week 3 Of April Shopping List

By www.HillbillyHousewife.com

These menus are based on the food provided by Angel Food Ministries in their monthly boxes. For more information on ordering these food boxes visit <http://www.angelfoodministries.com/>

[Fresh Produce] Fruits and Vegetables

carrots – 3/4 cup
red bell peppers – 1/2 cup
garlic cloves – 3
onions – 1 + 1/2 cup
green bell peppers – 2/3 cup

[General Grocery] Beverages

lemon juice – 1 1/2 tablespoons

[General Grocery] Bakery/Bread

sandwich buns – 11
bread crumbs - 11 3/4 ounces

[General Grocery] Cooking and Baking

pepper – 1 1/2 teaspoons
flour – 3/4 cup + 2 tablespoons
seasoned salt – 1/2 teaspoon
brown sugar – 1/4 cup
dry mustard – 1 teaspoon
chili powder – 1/2 teaspoon
paprika – 1/2 teaspoon
chicken bouillon – 1 tablespoon
garlic powder – 1 1/8 teaspoons
thyme – 1 teaspoon
allspice – 1 teaspoon
nutmeg – 1 teaspoon
salt – 1/2 teaspoon
mace – 1/2 teaspoon
cloves – 1/2 teaspoon

[General Grocery] Condiments and Sauces

ketchup – 1 cup + 2 tablespoons
Worcestershire sauce – 2 1/2 tablespoons

[General Grocery] Canned and Bottled

spaghetti sauce – 26 ounces
vinegar – 2 1/2 tablespoons
mushrooms – 4 ounces
pimiento – 2 ounces
cream of mushroom soup – 10 3/4 ounces

[General Grocery] Dry Foods & Mixes

manicotti shells – 12
fettuccine pasta – 8 ounces
medium noodles – 8 ounces

[Frozen]

meatballs – 1 package (24 meatballs)

[Cereal and Breakfast]

cornflakes – 1 cup

[Dairy]

light ricotta cheese – 15 ounces
Parmesan cheese – 1/4 cup + 3 tablespoons
eggs – 4
butter or margarine – 3/4 cup
half and half – 1 1/2 to 2 cups
milk – 3 cups
puff pastry shells – 6
cream cheese – 3 ounces
sour cream – 1 cup

[Meat and Poultry]

chicken breast halves – 4 + 2 1/2 cups cubed
chicken
Italian sausage – 1 pound
beef chuck roast – 2 pounds
pork tenderloin – 2
ground beef - 3 pounds

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